

Sunday 4 December
English Institute of Sport
Sheffield S9 5DA



Nottinghamshire
Athletics Network

Indoor Athletics Meeting



Open to members of all clubs in the Derbyshire and Nottinghamshire Athletics Networks



QuadKids Event

10.00am - 12 noon

Under 11s & Under 13s

75m, 600m, Long Jump, Howler Javelin (athletes to compete in all four)
Nottinghamshire AAA County Championship medals will be awarded to first three in each age group.

£2.00 per athlete. All athletes MUST pre enter, NO entries on the day.



Open Graded Event

1.00pm - 4.30pm

Under 15s, Under 17s, Under 20s & Seniors / Vets

60m, 60mH, 300m, 800m, Pole Vault, High Jump, Long Jump, Shot

Under UKA Rules

£2.00 per event or £4.00 on the day. £5.00 if entering three events
Stadium equipment only, own vaulting poles required.
Numbers to be picked up on the day.



Entry forms available from
www.nottsaaa.org
or your local club contact

