



Present the 2010 MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

Qualifying event for the ERRA 12 Stage Championships
Under UKA Rules: Licence No.

Sunday 21st March 2010 at Wythenshawe Park, Manchester
11.30 am start

For the Blackpool & Fylde Trophy – Holders: Leeds City AC
Stages 1, 3, 5, 7, 9 and 11 are approximately 4.9 miles
Stages 2, 4, 6, 8, 10, and 12 are approximately 2.8 miles

Medals will be awarded to the first three “A” Teams to finish

CLUB VESTS OF THE SAME COLOUR & DESIGN MUST BE WORN

Entry on line - <http://www.race-results.co.uk>

Entries may also be submitted on the official entry form with the correct fee
Late or incorrectly submitted entries will not be accepted and will be returned.

There is no restriction on the number of teams a club may enter.
Clubs may submit a maximum of 36 names per team

Minimum age: 17 years and over at midnight 31st August / 1st September 2009

Postal Entries to

Northern Athletics, 7A Wellington Road East, Dewsbury. West Yorkshire. WF 13 1HF

Closing date for entries – On line: 8th March 2010 - Postal: 1st March 2010

Entry Fees - £50 per team - Cheques made payable to Northern Athletics

IMPORTANT NOTES

- Entries will only be accepted from Northern Athletics Clubs which are affiliated to England Athletics. Athletes URNs (Membership number) as issued by England Athletics must be included on the entry form. Acknowledgement of entry and final instructions will be sent to those clubs that submit a SAE with entry or by e mail. Please ensure that you have sufficient stamps on envelopes otherwise entries will not arrive at Northern Athletics Office.
- Clubs that knowingly run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2011 event.
- The first 25 Team finishers will be eligible to compete in the 2010 ERRA Championships but **no more than TWO Teams from the same Club.**
- Entry forms for ERRA Championships will be e mailed to successful clubs on Monday 22nd March.



**Senior Men's 12 Stage Road Relay Championship
Sunday 21st March 2010 at Wythenshawe Park, Manchester**

Entry Form

**Clubs may submit a maximum of 36 names per Team
There is no restriction as to the number of teams a club may enter**

CLUB NAME: _____
CLUB COLOURS _____
CLUB CONTACT _____
TEL NO: _____ E MAIL ADDRESS _____

	URN	Family Name	First Name		URN	Family Name	First Name
1				10			
2				11			
3				12			
4				13			
5				14			
6				15			
7				16			
8				17			
9				18			

I declare that the competitors named above are Amateurs as defined by UKA rules and are eligible to compete under those rules. The details given are complete and correct.

Signed: _____ Name: _____

Address: _____

Tel: _____

Date: _____

Fee Enclosed £ _____

Number of teams: _____

If you require additional space for entries please turn over

Please continue your entries below

	URN	Family Name	First Name		URN	Family Name	First Name
19				37			
20				38			
21				39			
22				40			
23				41			
24				42			
25				43			
26				44			
27				45			
28				46			
29				47			
30				48			
31				49			
32				50			
33				51			
34				52			
35				53			
36				54			

Please continue your entries below

	URN	Family Name	First Name		URN	Family Name	First Name
19				37			
20				38			
21				39			
22				40			
23				41			
24				42			
25				43			
26				44			
27				45			
28				46			
29				47			
30				48			
31				49			
32				50			
33				51			
34				52			
35				53			
36				54			