

Ferry 10k Road Run

Sunday 5 June 2011

10.45am 2011

This is a flat 10k run on rural roads around the historic Isle of Axholme. This really is a course for a PB or ideal if it's your first race!
Race HQ Coronation Hall, Owston Ferry, DN9 1RL



- T-shirt to all finishers
- Extensive and 'spot' Prize List
- Entries on the day
- Ample Car Parking
- Refreshments

Entry Fee. All entries Welcome

UKA Club members £10.00

All other runners £12.00

Entries close on Tuesday 31 May

Race HQ Coronation Hall, Owston Ferry, DN9 1RL

(£2 extra on race day)

Please enclose 9x6 Stamped Addressed

Envelope for Race Number, Info and Directions.

Cheques made payable to **'Metres to Miles'**

15-17 High Street Epworth North Lincolnshire DN9 1EP

Surname:

First Name:

Address:

Town:

Tel:

Post Code:

Sex (M/F):

D.O.B.(age on day):

E-mail:

Club:

Shoe size:

UKA Licence applied for Event not suitable for wheelchairs, prams, pushchairs etc

T-SHIRT SIZE (please circle) S M L XL

DECLARATION: I declare that I am an amateur as stated in UKA rules and will abide by those rules. I will be 15 years of age or over on the day of the race. I hereby agree that the organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the Race.

Signed:

Date: