

Baildon Runners proudly present:  
**THE 16<sup>TH</sup> BAILDON BOUNDARY WAY**

A MULTI-TERRAIN HALF MARATHON

Under UKA rules - England Athletics Licence No. 20091113

**SPONSORED BY**

**CARNAUDMETALBOX ENGINEERING CHARITIES FUND**



**AND SPORTSSHOES.COM**



**SUPPORTING**

**MARTIN HOUSE CHILDREN'S HOSPICE**

**ON SUNDAY, 28 MARCH 2010**

**SWEATSHIRT TO ALL FINISHERS, PLEASE INDICATE SIZE**

**EXTENSIVE PRIZE LIST FOR SENIORS, VETS, SUPER VETS & SPOT PRIZES**

**MEN'S & LADIES' TEAM PRIZES (1<sup>ST</sup> 3 RUNNERS TO COUNT)**

Course records: Men - Chris Miller (2007) & Ian Nixon (2009) 1:19:48 Ladies - Karen Pickles (2009) 1:28:23

**START AT BAILDON CRICKET & RUGBY SPORTS CLUB, JENNY LANE, BAILDON BD17 6RS**

**RUNNERS START AT 9:30am WALKERS START AT 8:30am**

Scenic route taking in woods, canal towpaths and moors, well marked and marshalled. Event open to runners and walkers. Sorry, but the course is not suitable for wheelchairs and strictly no dogs are allowed on the route. Showers and changing facilities available. Bar and food available. Free car parking in the vicinity and village centre.

**ENTRY FEES: £12.00 UKA CLUB MEMBERS & LDWA MEMBERS**

**£14.00 UNATTACHED**

**RACE LIMIT 400, NO ENTRIES ACCEPTED ON THE DAY FROM RUNNERS.**

**PLEASE ENTER EARLY TO AVOID DISAPPOINTMENT.** Entries accepted on the day from walkers only.

Please send the completed entry form with a cheque/postal order payable to Baildon Runners and a 9" x 6" SAE for race number and info to be posted early March 2010.

**BBW Entries Secretary, 81 Woodcot Avenue, Baildon, Shipley, West Yorks. BD17 6QR**

**Telephone: 07968 218177 Email: baildonrunners@yahoo.co.uk Website: www.baildonrunners.tk**

**Results will be on our website after the race.**

**The Baildon Boundary Way forms part of the Airedale Triple Trail Challenge - the others being:**

Guiseley Gallop 10K

Easter Sunday, 4 April 2010

www.skyrac.org.uk

07779 748301 (Peter Rawnsley)

Meanwood Valley Trail 7½ miles

probably Saturday, 16 May 2010

www.valleystriders.org.uk

v.s@virgin.net

Certificates for runners who complete all 3 races and trophies for 1st MU40, M40-49, M50+, WU35, W35-44, W45+

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Please use **BLOCK CAPITALS**

SURNAME ..... FORENAME ..... MALE/FEMALE\*

ADDRESS .....

POST CODE ..... RUNNER/WALKER\* AGE ON RACE DAY ..... TEL NO .....

UKA CLUB ..... UKA/LDWA NO .....

EMAIL ADDRESS (**PLEASE WRITE CLEARLY!**) .....

(We use this to confirm receipt of your entry, send you the results, and an entry form for the following year's event.)

\* Delete as appropriate

PLEASE TICK TO INDICATE SWEATSHIRT SIZE REQUIRED

S	M	L	XL
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I declare that I am an amateur according to UKA rules and I am over 17 (age limit applies to runners only; minimum age for walkers is 12 but walkers under 17 must be accompanied by a parent or guardian). I am medically fit to take part and understand that I enter at my own risk and agree that the organisers will not be responsible for any injury incurred by me or any loss of property. I enclose a cheque/postal order as follows:

Official use only
B

Race entry fee	£	00
Voluntary donation to race charity	£	
Total	£	

Signed (guardian if under 18) ..... Date .....