

West Lindsey Run Series 2011

Hosted by West Lindsey District Council and TSS Events



Market Rasen 10km (multi-terrain) 13 November 2011

- ◆ Part of three new road running races in the district including Saxilby and Gainsborough
- ◆ Sign up to all three races or just one!
- ◆ In association with Market Rasen Town Council
- ◆ Starts at the racecourse at 11.05am
Junior run starts at 9am
- ◆ UK Athletics Measured Run Course: 11/084
Licence number: 2011 - 102 165
- ◆ Cash Prizes and trophies will be awarded to race winners

All 3 Races
£20
(non UKA affiliated)
£18
(UKA affiliated)
OR
£8 per race
(non UKA affiliated)
£6
(UKA affiliated)
Enter on line or by
paper entry

Commemorative
T-shirt for people who
sign up to complete
all 3 races

For more information or to apply on line visit: www.westlindseyrunseries.co.uk

Entry Form (photocopies accepted)

Please complete in block capitals and tick appropriate boxes:

First name: Surname:

Date of birth: (Minimum age is 15 years for the 10k run)

Are you Male/Female?

Address:

.....Postcode:

Are you part of a UKA affiliated club and if so which club:

UKA affiliated race membership number:

Company Teams of four please state name:

Club Teams of four please state name:

Please tick which races you would like to compete in: All three

Gainsborough 5km Saxilby 5km Market Rasen 10km

Please enclose a SAE (6"x9") so we can send your number(s) and details. Tick to confirm

Please enclose entry fee cheque/PO payable to: West Lindsey District Council. Tick to confirm

Please read and sign to confirm: I am medically and physically fit to run and understand I enter at my own risk. The organiser will not be held responsible for any injury, loss or illness however occasioned from this event.

Signed..... Date

Walk, jog or run.....it's up to you!

Medals to all finishers