

**GRIMSBY HARRIERS & AC
PRESENTS
27th ANNUAL SEPTEMBER OPEN TROPHY MEETING
THE DENIS LUMBARD MEMORIAL**

(Under UK Athletic Rules)

**AT KING GEORGE V STADIUM WEELSBY ROAD GRIMSBY
SATURDAY 24TH SEPTEMBER 2011**

Track & Field starts at 10.30am with the 3000m

Jnr/Snr Men	100m* 200m* 400m* 800m* 3000m*	HJ* JT
U17 Men	100m* 200m* 400m* 800m* 3000m*	HJ* JT
U15 Boys	100m 200m 400m 800m 80mH	HJ LJ SP
U13 Boys	100m 200m 800m 75mH	LJ SP HJ
U11 Boys	80m 150m 600m	LJ Whizzer
Jnr/Snr Ladies	100m* 200m* 400m* 800m*3000m*	HJ* DT * LJ*
U17 Ladies	100m* 200m* 400m* 800m*3000m*	HJ* DT* LJ*
U15 Girls	100m 200m 300m 800m 75mH	LJ HJ DT
U13 Girls	100m 200m 800m 70mH	LJ SP HJ
U11 Girls	80m 150m 600m	LJ Whizzer
RELAYS	4 x 100m U11 & U13 Boys & Girls Medley Relay U15/U17 (Mixed age groups)Boys & Girls 2x100m 1x200m 1x400m	

All 800m will be run as time trials.

AWARDS:- Trophies for first three in each event. Medals for Relays.

*Events are combined with one set of trophies.

Entries on the day are eligible for trophies

ENTRY FEE:- All individual events £3.00 2 Events £5.00 3 Events £6.00
Entries on the day £4.00 2 Events £6.00 3 Events £7.00
Relays £4.00 per team (Scheduled Midday)
Payable to GRIMSBY HARRIERS & AC

ENTRIES TO:- Mrs J Gibbons 8 Queensway GRIMSBY N E Lincs DN37 9BB
Telephone No 01472 232941 before 9.00 please

**ALL AGES AS AT MIDNIGHT 31ST AUGUST 2011
CLOSING DATE 10TH SEPTEMBER 2011**

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NAME..... AGE GROUP..... DOB.....

ADDRESS..... Tel No.....

CLUB..... EVENT.....